OLDS JR. SR. HIGH SCHOOL

VOLUME 3, ISSUE 1

GORDON MITCHELL MEMORIAL FUND

DECEMBER 2006

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QUICK FACTS:

- \$20,260.00 raised
- 116 donors
- 152 Gifts
- 3 youth share \$1,000/ each year
- \$3,250 given to 10
 Student in 3 years
- Independent selection committee selects the students annually

THE LEGACY CONTINUES— 2006 Sport Award Recipients

Since 2004, ten Gordon Mitchell Memorial Fund (GMMF) Awards have been given out to deserving Students at Olds Jr. Sr. High School to support youth in sport development (7) and the Registered Apprenticeship Program – Rap (3).

This past June, Alisha Brodie, Kate Blackett and Julie Wearmouth, each received \$250 to participate in a sport development camp of their choice.

Their Principal, Tom Christensen, said "Sports create an opportunity for improved social, analytical and life skills. Social character includes such attributes as teamwork, loyalty, self-sacrifice, a strong work ethic and perseverance. Attributes that are valuable in a School setting."

Alisha Brodie, an OJSH basketball & volleyball athlete, exclaimed "I didn't know how I was going to pay for it (camp); so the award was timely. I



Left to Right: Alisha Brodie (Grade 10), Kate Blackett (Grade 10), Julie Wearmouth (Grade 9). June 2006.

totally enjoyed the NBC Camp & learned a lot."

Similarly, **Kate Blackett** expressed thanks for the generous scholarship. She enrolled in the Red Deer Colleges' senior girls Volleyball Camp. She said "I went last year and had a blast and I am really looking forward to going again this year."

Encouraging youth to be their best, through sports, is ultimately what these awards are about.

Julie Wearmouth, a grade nine student, also attended a camp. In her thank-you note she said "Thank-you so very much for giving me the sports camp scholarship, so that I can go to volleyball camp to improve my skills for next year. I really appreciate all your support, kindness, and generosity."

All three of these youth understand the value of sport for personal growth.

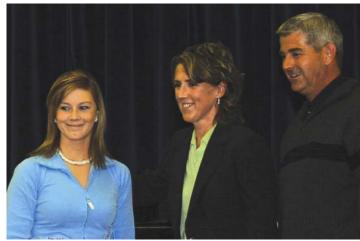
OLDS JR/SR HIGH SCHOOL SPORTS - ELIGIBLE FOR GMMF AWARDS

Training camps in the following sports offered at Olds Jr. Sr. High School are eligible for consideration during the GMMF—Sport Fund selections annually in June.

Badminton, Basketball, Curling, **Football**, Golf, Rugby, Skiing, Track & Field, Volleyball, **Wrestling, X-Country.** (Sports in bold print are one's that Gordon participated in).

Youth interested in applying for an award should select a sport camp that they would like to attend and then see Ms. W. Vandervelden (Olds Jr. Sr. High School). Applications are available in May of each year.

2006 GMMF RAP RECIPIENT-KIRSTY MILLER



Left—Right: Kirsty Miller, Joyanne Mitchell, Jim Mitchell. September 2006.

Kirsty plans to attend Marvel Hair School in Calgary to receive her stylist and esthetician license. She hopes to become a sales representative or own her own shop one day.

ADVOCACY-...SO MUCH MORE TO DO!

Source	1999	2000	2001	2002	2003	2004	
Pharmacist	2103 (37.0)	2420 (32.9)	2097 (28.4)	2141 (25.0)	2369 (25.7)	3011 (29.4)	
Physician	1446 (25.4)	1876 (25.5)	1914 (25.9)	2093 (24.4)	2176 (23.6)	2667 (26.2)	
Health professional*	1051 (18.5)	1157 (15.7)	1378 (18.6)	1780 (20.8)	1974 (21.4)	1499 (14.6)	
Consumer or patient	516 (9.1)	1010 (13.7)	1102 (14.9)	1581 (18.5)	1628 (17.7)	1928 (18.8)	
Nurse	447 (7.9)	381 (5.2)	443 (6.0)	421 (4.9)	689 (7.5)	873 (8.5)	
Other	125 (2.2)	517 (7.0)	455 (6.2)	550 (6.4)	373 (4.1)	260 (2.5)	
Total	5688 (100)	7361 (100)	7389 (100)	8566 (100)	9209 (100)	10 238 (100)	
Change from previous yr, %		29.4	0.4	15.9	7.5	11.2	

Source: Health Canada. Canadian Adverse Reaction Newsletter April 2001:2(2); April 2003:13(2); April 2005:15(2). Available: www.hc-sc.gc.ca/dhp-mps/medeff/bulletin/index_e.html *Type not specified in report.

DID YOU KNOW?

- Right now, only 19% of Canadian physicians are even aware of the 5 regional reporting centres for adverse reactions.
- 92% of pharmacists know how to file an adverse reaction report

- that number drops to 63% for doctors
- and 44% for nurses,
- and even fewer members of each profession are familiar with where to find the adverse reaction reporting form.

Report adverse reactions to:

Alberta and Northwest Territories

Canadian Adverse Reaction Monitoring - Alberta and Northwest Territories Suite 730, 9700 Jasper Avenue
Edmonton, Alberta T5J 4C3
Alberta_AR@hc-sc.gc.ca

Stacey T, a friend of Gordon's, shares her "Tribute Tattoo".

"Trials give you strength, sorrows give understanding and wisdom."

Chuck T. Falcon

2006 INDIVIDUAL DONORS

Erinn-Jane Brawn (2)

Julie Calderwood (2)

Wendy & Thomas Clark

Tania & Mike Foster

Mike Foster Supervision Ltd.

Penny & Neil Kivell

Greg & Karin Kondas

Linda & Terry Kondas

Egon Larsen

Tracey Melnyk (2)

Jim & Joyanne Mitchell

Kaitlyn Mitchell (2)

Rotary Club of Olds

2005 Grad Committee-Olds Jr. Sr. High School

Thank you to all of the original donors & for your continued Support!



The Rotary Club of Olds continues to build Community. Logon to www.oldsrotary.com for more information.

TO LEARN MORE...



"The Grand essentials of happiness are: something to do, something to love, and something to hope for."

Allan Chalmers

CANADAHELPS.ORG

Honoring Gordon's life, through on-line donations, just got easier. A "giving page" has been developed at Canada Helps to receive gifts for the Gordon Mitchell Memorial Fund at The Chinook's Edge School Division.

- Logon to: www.canadahelps.org
- 2. On the left hand side of the screen click "Giving Pages"

- Under "Give a Gift. Find a Giving Page". Type in "Mitchell" in the Last Name box. Enter.
- Click. "Joyanne Mitchell"
- Scroll down to "The Chinook's Edge School Division No 73".
- On the right hand side of the screen select "Donate Now".

- Select "Enter the Donation Amount".
- Enter a message to the family if you wish.
- Select "Continue".
- 10. Select "Check out" and follow the remainingsteps.



www.canadahelps.org

Gifts are tax deductible

OLDS JR. SR. HIGH SCHOOL

Gordon Mitchell Memorial Fund

5122-48 Street

Olds, Alberta

T4H 1T1

Phone: 403-556-3391



'MAKING A DIFFERENCE FOR YOUTH"

The Memorial Fund honors Gordon Mitchell (Grade 11 student at Olds Jr. Sr. High School) who passed away December 29, 2003, at the age of 16.

Three (3) awards are awarded annually (to students from Olds Jr. Sr. High) from gifts made by family, friends, & faculty.

Gordon Mitchell (RAP) Scholarship Fund

1 x \$500 annually (Sept)

Students are nominated; See: Ms. W. Vandervelden

Rotary - Gordon Mitchell Sports Awards

2 x \$250 annually (June)

Applications available at Olds Jr. Sr. High School

MESSAGE FROM THE MITCHELL FAMILY

It gives us great pleasure to stay connected to Olds Jr. Sr. High School, honoring Gordon's memory, especially during Kaitlyn's graduating year (Class of 2007).

The GMMF Newsletter has been an excellent avenue to share the outcomes of the investment in youth through Student Awards and to showcase the need for advocacy regarding mandatory adverse drug reaction reporting.

This past September, Jim & I celebrated our 25th wedding Anniversary. To mark the occasion we started the "Mitchell Family Fund" at **The Calgary Foundation**.

It was important to celebrate this "milestone" by helping

others. The Mitchell Family Fund, in addition to the ones at Olds Jr. Sr. High School (GMMFund), at the Entwistle Elementary School (Melnyk-Bullock Literacy Fund), and through our gifts to Olds College are vehicles to express our priorities around literacy, supporting youth, and the encouragement of individuals who require a "hand-up" in life.

Of course, we will continue to work towards increasing awareness for "mandatory adverse drug reaction reporting" – which will be a LONG journey.

As we move forward, we'd like you to know that the GMMFund Report to Community (RTC) 2007 will

be available on the web next year at

www.gordonmitchell.ca

You'll see the 2004 and 2005 copies there now. This RTC will be loaded in December 2006.

If you would like to receive an electronic or paper copy, next year, please let me know your preference by

Email:

family@gordonmitchell.ca

or feel free to contact us by telephone or through Canada Post.

We wish you all the best during this holiday season and thank-you for your continued involvement.



Jim, Kaitlyn, & Joyanne